



(कर्णाली स्वास्थ्य विज्ञान प्रतिष्ठान ऐन २०६८ द्वारा स्थापित)

# कर्णाली स्वास्थ्य विज्ञान प्रतिष्ठान

## KARNALI ACADEMY OF HEALTH SCIENCES

जुम्ला, नेपाल

Date: 7<sup>th</sup> January 2026



The School of Public Health, Karnali Academy of Health Sciences, Jumla, is pleased to announce that the following third-semester students have been awarded a research grant from Healthy Nepal Foundation, Kaski, to support the completion of their thesis work.

SN	Name of the Students	Title	Amount
1	Susila Pokharel	Risk Factors of Non-Communicable Diseases and Their Social Determinants Among School-Going Adolescents of Rural and Urban Areas of Surkhet District, Nepal: A Comparative Study	10,000/-
2	Manish Rokaya	Willingness to join National Health Insurance among households in Chandannath Municipality, Mid-western Nepal: A community-based cross-sectional Study	10,000/-
3	Chandra Bahadur Shahi	Assessment of Risk Factors for Low Birth Weight in Term Newborns (37–42 Weeks) in Karnali Province, Nepal: An Institution-Based Case-Control Study	20,000/-
4	Swastika Baral	Quality of Life and Its Association with Mental Health Status among Senior Citizens of Kaski District: A Cross-Sectional Study	20,000/-
5	Nirajan Chapai	A Comparative Study on Depression, Anxiety, Stress, and their Associated Factors among School-Going Adolescents of Grade 8 to 10 at Karnali Province, Nepal Introduction	20,000/-

All students are required to consult the School of Public Health, KAHS, Jumla, for further details.

Prof. Dr. Seshananda Sanjel  
Asst.Dean, School of Public Health  
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Date : 07/01/2026

Prof. Dr. Umesh Raj Aryal  
IRC- KAHS, Member Secretary  
KAHS, Jumla  
Date: 07/01/2026