

## 1. Introduction:

Karnali Academy of Health Sciences (KAHS) has been established in 2011 by an Act of parliament of Nepal in Jumla to provide health services in easy way in backward (pichhadiyako) areas to produce skilled health professionals & conduct research. The backward areas mentioned in act of KAHS are Humla, Jumla, Kalikot, Dolpa, Mugu districts of Karnali zone, Jajarkot district of Bheri zone & Bajura, Baghang & Achham districts of Seti zone in Nepal.

## 2. Mission, Vision and goal of KAHS:

### **Mission:**

The academy is dedicated towards sustained improvement of the health of the people in Nepal, especially those who are poor and living in rural backward areas, through innovation, equity, excellence and love in education, service and research.

### **Vision:**

KAHS is an autonomous health sciences university attracting students from SAARC countries especially from remote areas of Nepal to its constantly innovative educational program. It will be national centre for providing health services, prestigious centre for biomedical and health system research, centre for excellence in implementing complete total human

development through health as main agenda in its neighboring teaching districts.

**Goals:**

- Sustain and upgrade the quality of the current health services of the KAHS-related hospitals located in the remote areas and the backward region of the country as a whole.
- Train technically competent and socially responsible physicians and other health care professionals who believe in compassion, love, respect, fairness and excellence; communicate well with patients, family and colleagues; are committed to life-long learning; and have the willingness and ability to become inspiring leaders in their respective fields and deal with the existing and emerging health care challenges in Nepal.
- Undertake appropriate clinical, public health and biomedical research.
- Enable deserving students from rural and backward region of Nepal and specially those who are underprivileged and are deprived of access to health science education, including medical, nursing and other allied health science education because of topographical, social and financial barriers.
- Work in collaboration with the national health system (NHS) to contribute to the improvement of the health status of the people in Nepal, and proactively encourage the national government in the

development of appropriate health policies, programs and systems to uplift the health of the rural poor.

### **3. Curriculum:**

#### **KAHS believes that:**

- ❖ In accord with the national goal of education and the institution's philosophy, the KAHS Certificate in nursing course curriculum is intended to develop a self reliant and committed nurse and as well as a responsible citizen and a contributing member of the society. Through a systematic process of study and experience, evidence based knowledge is gained, skills are developed and attitudes are inculcated through providing conducive learning environment. The self directed learning methodology will develop committed nurses as lifelong learners.
- ❖ Nursing manpower development in Nepal especially for the students residing in remote areas and desiring to serve in rural community is of urgent necessity in order to provide quality health care services through the country. Nurses as skilled health care professional, capable of rational, analytical and critical thinking can make sound judgment and render nursing care services with kindness, empathy, and compassion.
- ❖ Nursing as a profession is an integral component of the national health care delivery system.

- ❖ Nursing requires innovative and creative patterns of holistic care in a variety of settings in order to assist individual, group, family and community to achieve optimal level of health possible within the country's economic capacity.
- ❖ The community based approach aims to assist all people to have access to health care which is scientifically and technologically sound, and economically feasible.
- ❖ Community based Teaching Learning takes into consideration the ethnic, the traditional beliefs and existing health practices of people. Involvement of the community is essential in the identification of health care problems; the planning, management and evaluation of health services.
- ❖ The nurse collaborates not only with members of health care team but also other sectors to help individuals, family groups and community to meet their basic health needs. The goals and activities of other developmental sectors of the community should be understood for co-ordinations the efforts to meet the needs of the community in evidence based manner.
- ❖ This program will provide the basis for further advanced education in nursing practice, teaching, research and administration.

## **Objectives of the Certificate Program in Nursing**

The general purpose of the basic nursing educational program is to prepare a competent and self-reliant nurse who will be able to care for individuals, groups and communities according to the principles of primary health care.

Upon completion of the program the graduate will:

1. Utilize a sound knowledge base in giving care to well and sick individuals, families and communities.
2. Perform preventive and therapeutic measures directed toward promotion, maintenance and restoration of health.
3. Utilize the communication skills effectively with individuals, groups in variety of settings.
4. Utilize the nursing process in providing and improving health care.
5. Assume leadership for planning, directing and evaluating care given by health workers.
6. Teach and supervise individual, family, groups and community including health care workers.
7. Collaborate with multi-sectoral groups to develop a healthful environment, including safe drinking water, sanitation and other basic needs of the community.

8. Mobilize the community to participate in the activities of the grass root health institution.
9. Demonstrate a positive attitude and respect for cultural values in working to meet needs and solve problems.
10. Continue to seek new knowledge for personal and professional growth.

These overall objectives are used in each year to create specific objectives which guide the learning experiences from simple to complex.

#### **4. Seats Available:**

1. Full scholarship :- 20%
2. Partial scholarship :- 20%
3. Collaborative scholarship :-20%
4. Full Tuition Fee :- 40%

#### **5. Eligibility Criteria:**

- Candidate must be a Female Nepali citizen.
- Candidates who have passed SLC examination or equivalent with English, Science & Mathematics as principle subjects scored at least 45% aggregate or, candidates who have passed SLC examination 2072 with minimum grade 'C' in English, Science & Mathematics and GPA

minimum 2 are eligible to apply for certificate in nursing program.

- Female candidates, who has completed ANM after SLC and scored minimum 45% in aggregate with full registration in the Nepal Nursing Council.

**Eligibility for Reserved seats:-**

- A.** 45% seats are reserved for the candidates residing and studied in the public school from backward region ( Humla, Jumla, Dolpa, Kalikot, Mugu, Bajhang, Bajura, Jajarkot, Achham districts) as per act of ‘Karnali Academy of Health Sciences, Jumla’. These candidates have to pass class 8, 9 & SLC from public schools of backward region. The candidates from Dalit, Aadibasi/Janjati, Madhesi & below poverty line will be given more preference for above mentioned seats.
- B.** All the candidates who has applied through this policy and secured minimum pass mark (40%) in the entrance exam will be considered a group and The successful candidates will be selected for admission on their merit list on the basis of following matrix:-

Marks obtained in entrance examination	60
Dalit	10
Aadibasi/Janjati	10
Madhesi	10
Below poverty line	10
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Total	100

C. The candidates who could not get selected in these categories will be competing in their own groups (Partial scholarship & Full Tuition Fee) on the basis of merit.

## ***6. Various schemes for the student's admission:-***

### ***A. Full scholarship:-***

I. Twenty percent of the total students (6 students) will be selected under this scheme. The student must pass class 8, 9 & SLC from public schools. They must have recommendation letter from VDC/Municipality indicating that the candidate belongs to below poverty line category. Students who want to apply for the Aadhibasi Janajati, Madhesi and Dalit quota, they must submit the copy of certificate issued by their respective commission.



Seat allotments under this scheme into 4 subgroups are given below:-

1. Permanent Residence of Backward Region -3
  2. Aadibasi/Janjati -1
  3. Madhesi -1
  4. Dalit -1
- The students will be selected according their merit on the basis of available seats in these subgroups.
  - The candidate applying for more than one subgroup will be given opportunity for each subgroup according to her merit.

**II. Faculty/staff children scholarship:-** One seat will be available for the daughter of faculty/staff of the KAHS under full scholarship scheme. Among the successful applicants, one applicant with highest score will be selected on the basis of following matrix. In case of resignation of faculty/staff from work after selection of his/her child entitled to pay fees as per full fee paying category for whole duration of course. In case of no applicant or no successful candidate in this scheme, this seat will incorporated into full fee payment category.

Entrance examination score	60
The service period of concerned faculty & staff	20
The level of Faculty & staff	20
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Total	100

**C. Partial Scholarship:**--Six seats are available in this category out of that, three seats will be reserved for backward region. The successful candidate who has applied under this category will be considered as one group & they will be selected according to their merit on the basis of following matrix.

Matrix:

Entrance examination score	55
Passed out from public school	10
HDI	10
Dalit	5
Madhesi	5
Adibasi/Janjati	5
ANM Background	10
Total	100

**D. Collaborative scholarship:-** This scheme will be activated, if an agreement is reached with a local government body, organization or person before entrance examination to the effect that body, organization or person will sponsor one student from a particular district/VDC. Such sponsorship cannot be done for a particular person.

The applicants to be eligible for applying in this collaborative scheme, must fulfill all the minimum

eligibility criteria mentioned above in the criteria for eligibility section and also must have passed class 8,9 and SLC from a public school and must be permanent resident of said district/VDC. The maximum seats under this scheme will be 20 % of the total number of seats.

The applicants applying in this category can also apply in other categories. Other conditions favoring disadvantaged groups in the spirit of KAHS mission, vision, goals may apply as per negotiation between sponsor and authoritative body of KAHS.

The successful candidates in the entrance examination will be considered one group under this scheme. Among them, candidate with highest score will be selected on the basis of following matrix.

Matrix:

Entrance examination score	60
ANM background	10
Dalit	10
Madhesi	10
Aadibasi/Janjati	10
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Total	100

**Note:-**

1. The scholarship under this scheme will be only for remote area “Ka” and “Kha”.

2. The vacant seats in this category will be incorporated to full tuition fee scheme.

**E. Full Fee paying Category:** The seats under this scheme will be taken as number of seats allotted minus seats taken up by the backward region seat (45%), seats remaining from collaborative scheme and KAHS faculty/staff scheme.

## 7. How to apply:

- I. Applicants should buy the application form from contact office of KAHS Latitpur, KAHS, Jumla and Nepalganj with a bank voucher of Rs 500 in the name of “Karnali Academy of Health Sciences” from Agriculture Development Bank (Jumla Ac -0721300627825018) & (Lalitpur AC-02-116-00180671-01-7). The forms should be submitted with a bank voucher of **Rs 1000** as examination fee from same banks mentioned above.
- II. Applicants should submit forms in KAHS center office Jumla or Nepalganj or contact office of KAHS Lalitpur. Examination center will be at Jumla and Nepalgunj. Once the candidate chooses the examination center in the form, she should not allow to change the examination center.

- III. Initial verification of duly filled application form and submitted documents will be done during registration of the form in contact office KAHS Lalitpur, KAHS Jumla and in Nepalganj. Photograph & Signature of candidates will be verified at the time of entrance examination and admission and if documents are not found to be in order, KAHS holds the right to disqualify such forms. However, there will be one opportunity given to rectify the forms. Applicants will be provided with Admission card required for sitting in the entrance exam during registration.
- IV. Instruction for the photographs – three recent color passport size photograph, **taken within 3 months** with light background is required. Unclear photographs are **NOT** acceptable.

*KAHS examination committee reserves the right to disqualify forms which are improperly or incompletely filled or if the required documents are missing. Hence, candidates are strongly advised to read the instruction for filling the application form carefully and do a thorough check to ensure that all fields on the application form are filled properly and all required documents have been submitted along with it.*

## **8. Entrance Examination**

### **❖ Structure of the examination**

The entrance examination comprises of multiple choice questions in general sciences, mathematics, English and knowledge about health.

The entrance examination will be of one & half hour duration and will have one paper consisting of 100 objective type questions. The question paper will be in English. The distribution of mark will be as follows:-

<b>Subjects</b>	<b>Marks</b>
General Sciences	40
Mathematics	20
English and knowledge about health	40
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Total	100

The general standard of entrance examination will be that of the SLC examination. No syllabus for the examination has been specially prescribed by KAHS.

#### **Examination Centres**

❖ The centres for entrance examination will be at **Jumla and Nepalganj**

#### ❖ **Important dates**

Form submission date:	2073-03-14
Date of submission with late fee:	2073-04-21
Entrance exam date:	2073-04-29

Expected date of Result:	2073-05-03
Date of Admission;	2073-05-17
Second announcement	2073-05-19
Date of Admission:	2073-05-24
Third announcement	2073-05-26
Date of Admission:	2073-05-31
Class with orientation	2073-06-02

## 9. Selection process:

A master merit list of all candidates who appeared in the entrance examination and scored at least **40% marks (cut-off mark)** will be prepared. The selection will be done for various categories as mentioned above (criteria or matrix). Result of the successful candidates under various categories and waiting list of all passed candidates will be published as per their categories. Admission will be confirmed only after paying the required amount of fees by the stipulated time and date.

## 10. Result and Admission procedure:

The examination committee will produce a final list of selected students and waiting list. Result (first announcement) will be published in national daily news paper & waiting list will be post in the Notice Boards of central office, Jumla, contact office, Lalitpur and Website. The decision of entrance examination committee will be final. The candidates will be admitted according to their merit in entrance examination.

The candidates are required to report to the Office of the Dean, School of Nursing, KAHS, Jumla with all their original academic certificates and citizenship certificate within stipulated date and time for completing admission formalities, viz verification of original certificates, medical check-up and payment of fee. Please note that it will take about 3 days to get complete report of the medical check-up, and therefore, try to report the Office of the Dean as early as possible. If any candidate selected for admission fails to join the course for any reason by the last date, the top candidate on waiting list will fill her place. At the time of admission, original documents of Schooling and SLC (certificate and mark-sheet) and copy of citizenship must be deposited to the institute and shall be returned after university registration and as per all other regulations.

Candidates desiring to leave the course any time after completion of the admission process will have to pay penalty as per regulation.

## **11. In case of tie**

In the event that there is a tie in the score obtained for the last seat/s among the applicants in the particular category, the average percentage score obtained in the SLC exam or equivalent will be used as the deciding



factor. In case of second tie, the average percentage score obtained in general science of SLC or equivalent will be used as deciding factor.

## **12. Medical checkup**

All students need to undergo a physical examination upon selection but before being enrolled into the Certificate Nursing program. Their personal health files will be created, and remedial measures will be taken if needed. All admitted students will have to comply with the rules made by the Medical Committee of KAHS.

## **13. Fee structure:**

Candidates selected for admission into the Certificate Nursing program will be enrolled into the CN program only upon payment of the tuition fee (Table1) and other mandatory fee (Table 2) as given below immediately after the announcement of the list of selected candidates, and after they are declared fit to pursue the study in KAHS by Medical committee.

**Table 1. Tuition Fee for various categories**

Tuition Fee	Full Scholarship	Partial Scholarship	Collaborative Scholarship	Full Payment
First year	Waived	Rs. 57,000	Rs. 114,000	Rs. 114,000
Second year	Waived	Rs. 42,750	Rs. 85,500	Rs. 85,500
Third year	Waived	Rs. 42,750	Rs. 85,500	Rs. 85,500
Total	Waived	Rs. 142,500	Rs. 285,000	Rs. 285,000

**Table 2. Mandatory Fee for all categories**

Admission Fee	Rs. 15,000.00 (One Time)
Library Fee	Rs. 1,000.00 ( Per Annum)
Laboratory Fee	Rs. 1,000.00 ( Per Annum)
Field Program Fee	Rs. 5,000.00 ( Per Annum)
Examination Fee	Rs. 3,000.00 ( Per Annum)
Back paper examination	Rs. 3,000.00 ( Per Examination)
Computer and IT	Rs. 1,000.00 ( Per Annum)
Extra Curricular Activities	Rs. 1,000.00 (Per Annum)
Health Insurance Fee	Rs. 1,500.00 (Per Annum)
Hostel Fee	Rs. 12,000.00 (Per Annum)
Midwifery posting Fee (outside KAHS)	Rs. 3000 (One time in second year)
Nepal Nursing Council Fee	Rs. 2,000.00 (One Time)
Deposit (Refundable)	Rs. 10,000.00 (One Time)

**Note:- Candidates from staff facility quota category will have to pay fee as per Full scholarship category.**

## **14. Health Insurance**

All candidates selected for admission in KAHS will be provided health insurance as per the policy of KAHS staff rules and regulations. All the candidates will have to enroll in the health insurance scheme laid by KAHS.

## **15. Duration of Course:**

The course of studies leading to Certificate in Nursing degree of Karnali Academy of Health Sciences shall last for a minimum of 3 academic years. The maximum limit of the study period of this course will not be more than 6 years from the date of admission.

## **16. Leaving the course/cancellation of the admission**

- a. After completing the admission process, if a candidate wishes to cancel her admission before the third announcement, she will be refunded the fee after deducting 50% from it. The deposit will be refunded.
- b. Candidates who want to leave the course after third announcement will not be refunded any fees that have been paid. She will have to pay additional Rs. 50000 as a penalty to get back.

the deposited certificates. The deposit will be refunded.

- c. For candidates admitted under full scholarship, partial scholarship and candidates from reserved quota will pay as a penalty as per written in bond paper if she wants to leave the course before completion.

## **17. General guidelines for annual examination:**

- I. Attendance: To be eligible to appear in the annual examination the student should have at least 80% attendance in theory classes & 85% attendance in practical/clinical posting and field posting separately in individual subject during their academic year.
- II. Student will not be allowed to appear in annual examination if she has not fulfilled the specified assignment as per curriculum in practical and/or field posting. She must complete the remaining assignment in practical and/or field posting before sitting in the back paper examination.
- III. Students must secure 40% marks in theory & 50% marks in practical examinations in each subject separately to pass final assessment.
- IV. The contribution of internal assessment & annual examination to the final assessment will be 30%

& &70% respectively in theory and 50% in internal assessment & 50% in annual examination in practical.

- V. Students will be allowed to proceed further in the course even though she fails any number of subject in the in the first and second annual examinations.
- VI. Examination of back paper will be held every 6 monthly. Payment of fee is as per rule. The registration of those candidates failing to complete the course within 6 years from the academic year of admission will be cancelled.
- VII. Certificate of distinction will be awarded to those students scoring a minimum aggregate of 80% on total marks in the annual examination in the first attempt

## **18. Hostel:**

Hostel stay will not be mandatory for all students. Students have to sign and abide by the rules and regulation of the Hostel Management Committee.

**19. Mandatory service obligation**All candidates who have been selected for admission under any category of Scholarship Scheme will have to sign a written agreement agreeing to fulfill the required mandatory services obligation before they could be admitted into the program.

**Parents/Guardians of these candidates will also be required to be present for endorsing the bond. Under no circumstances will any candidate be exempted from this obligation. KAHS Act mandates the provision of withholding candidate's Certificate nursing certificate till the obligation has been fulfilled.**

## **20. Jumla – an introduction**

KAHS and its teaching hospital is situated in Chandannath VDC of Jumla district. Jumla is one of the district of Karnali Zone in Mid-Western region of Nepal. This is remote and hilly district. The height of the district varies from 7000 ft. to 2,1077 ft. from sea level. The head quarter of Jumla is Khalang Bazar located in Chandannath Municipality. The height of Chandannath Municipality is 7600 ft. from sea level. The total area of Jumla district is 2531 square ft. with about 1,08921 population.

The temperature varies from -12 degree Celsius to 30 degree Celsius with sometimes snow fall in winter season. The winter season is from November to March Rest of the year is very comfortable with rain from June to August. Jumla is connected by air and road from Nepalganj and Surkhet.

✧ **Good luck** ✧